

2016 年 12 月：中文组学习圈

人人都有同等的机会获得神恩。祂一视同仁，不分种姓、族群、性别、国籍等等。你应该知道毛病出在你自己。你必须清洗你的心壶。例如，假设现在下大雨，而如果你想要收集雨水，你就必须把容器向上置放。如果你把容器倒过来放，你能收集到雨水吗？即便是大雨滂沱也无济于事。因此我们必须保持我们的心壶纯净，安置得当，以便随时接纳神恩的雨水。我们必须把它转向圣爱的雨水以便收集它，不是这样吗？

神的恩宠就像是一场大雨，你前世的功德助你把雨水盛起来。所以我常常提醒你，要珍惜你所得来的福气、机缘及恩典。你用桶子从井里取水，但你必须自己打满了水才拿起来。假如桶子在半途掉下，你还能拿到水吗？不管怎样，有一件事情你必须牢牢记住，那就是，如果你很爱神，你就能成就一切。神的恩宠随着人的努力的加强，最后引领他达致成功。

神的恩宠和神的旨意能改变一切。神是爱。祂无限的仁慈使祂改变你的 **Prarabdhakarma** 或业报。一个信徒可以把神关在他内心的牢房里。在这世界没有什么是不能用你的虔诚来达致的。神的恩宠可以消除你的业障或你前世的邪恶报。任何不幸都不会发生在你身上。

举个小例子。你看到不少药品陈列在药店里售卖。在每一种药品中，你看到制造日期和有效期限。在有效期限过了之后，药品就丧失其效用而变成废物，神所做的一切也是这样。祂只在药瓶上印上有效日期，消除你的业报（**Prarabdhakarma**），你在今世所要承受的苦难。在有效期届满时，你的苦难就结束。这就是斯瓦米出自他真正的恩宠与慈悲，赐给你解脱的方式。

问题：

1. 我们要如何获得神的恩泽？【脑激荡】
2. 在你心中是否觉得神赐予每一位信徒平等的爱和恩宠？为什么？【顺序讲述】
3. 神的旨意能改变我们的业报吗？为什么？【公开讨论】
4. 请与大家分享你获得神的恩宠的经验。它如何改变了你的命运？【顺序讲述】
5. 我认为自己很虔诚，也一直在做服务，可是我还是有很多烦恼，为什么会这样呢？【公开讨论】

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God's grace is equally available to all of you. He makes no distinctions of caste, creed, sex, nationality, and so on. You should know that the defect is in you. You have to cleanse the tumbler of your heart. For example, it is raining heavily now. If you want to collect water in a vessel, what you do is to keep it straight. However, if you turn it downwards or put it upside down, is it possible to collect water? The downpour of rain will be of no help at all. Therefore, we have to keep our hearts always pure and ready to receive the rain of grace. We have to turn it towards the rain of God's Love in order to collect it. Is it not so?

God's grace is like a shower of rain. Your merit from the past will enable you to contain it. So, I tell you often to retain the good luck, the opportunity, and the privilege given to you. You draw water out of the well in a bucket. But you have to pick up the bucket full of water yourself. On the other hand, if you drop it in the middle, what happens? You can't collect water, can you? However, there is one important thing. If you love God intensely, you can achieve anything. As human effort increases, God's grace also lends strength and intensity to the effort, which ultimately leads man to success.

God's grace and God's will can change anything. God is love. His infinite compassion makes Him change your *prarabdhakarma* or the karmic effects of your past lives. A devotee can arrest God in the jail of his heart. In this world, there is nothing that you can't achieve with devotion. God's grace can cancel all your karmic effects or the evil effects of your past life. Nothing untoward can happen to you.

A small example. You see many medicines kept for sale in a medical shop. On each of the medicines you find the date of manufacture and of expiry. The medicine will not act with efficiency beyond the date of expiry. It becomes just useless. What God does is exactly the same thing. He simply stamps on the medicine bottle the date of expiry cancelling your *prarabdhakarma* the suffering you are going through in this life. Right then your suffering ends. This is how Swami, out of His sheer grace and compassion, gives you relief.

Questions:

1. How do we earn God's grace? **【Brainstorm】**
2. Do you feel that God gives every devotee equal love and grace? Why? **【Sequential narration】**
3. Can God's will change our karmic effects? Why? **【Open discussion】**
4. Please share your experience of receiving God's grace. How did it change your life? **【Sequential narration】**
5. I believe I am very devout and I do regular seva, but I still have much to worry about, why is it so? **【Open discussion】**

Source: Satyopanisad Q22,24,26